



THIS WEEK

Café 300
Week of July 13th

What's Happening

CHECK OUT OUR TAKE HOME MEALS FOR THE WEEK

SPECIAL EVENTS:

- Grab and Go:
Mango Coconut
Tapioca Pudding
(Sago)
- Salad Bar Specials:
Macaroni Salad,
Roasted & Grilled
Fennel, Grilled Plums
- Desert Specials:
Quinoa Strawberry
Thumbprint
Cookie , Chai
Spice Sunflower
Seed Energy Bite 

WEEKLY SPECIALS

Deli

BLT in celebration of National BLT Day!

Grill

Southwest Spiced Chicken Breast Sandwich

Taqueria Chipotle Orange Marinated Flank Steak 

Soup

Chicken Tortilla Soup
Southwest Vegetable Soup 

CHEF'S TABLE

Tuesday: Ballpark Loaded Fries

Enjoy crispy baked fries piled high with savory chili and your choice of delicious toppings, including cheese sauce, salsa, and more. It's the perfect game-day-inspired bite to satisfy your cravings!

Wednesday: Summer BBQ Bowl

Choose your base of sweet potato wedges or fresh mixed greens, then top it with your favorite BBQ protein and classic BBQ-inspired toppings like baked beans, red onion, and more. Finish it all off with our house-made dressing for the perfect summer bowl!

HOURS

Breakfast 7 AM - 10 AM

- Grill Breakfast Buffet
- Yogurt & Toast Bar (Closed on Fridays)
- Web & Kiosk Ordering for Grill Favorites

Lunch 11 AM - 1:30 PM
(Grill open until 2PM)

- Salad & Deli Closed on Fridays

3 convenient ways to order:

1. Download the MySystopia mobile app, available on iOS and Android, workplace code: 989980
2. Online at mycafe.systopiacloud.com
3. Café 300 order kiosks

TREE HOUSE

MENU WEEK OF JULY 13TH 2026

Coffee Bar 7 AM – 4 PM

STARBUCKS (Monday-Friday)

Breakfast 7 AM – 10 AM

ORCHARD BAR (Monday-Thursday)

Walk up and order one of our FLIK Favorites or build your own smoothie

NEW Blueberry Acai Fruit Refresher

ARBOR (Monday-Thursday)

Self-serve weighed hot breakfast buffet with new selections daily

Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order breakfast action station

Omelet Station

Lunch 11 AM – 1:30 PM

ARBOR (Monday-Thursday)

Self-serve weighed hot lunch buffet with new selections daily

Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order lunch action station

Subsation

Limited Time Offer 3PM – 4 PM

APRES (Wednesday)

Join us or a Build Your Own Ice Cream Sundae in *celebration of National Cherry Day!*